Selecting a Recipe to Edit

To add or edit a recipe select Edit on Menu Bar. The Select a Recipe to Edit box is displayed. Choose a main category button then choose a subject from the subcategory list, i.e. Entrees | Beef. The list of recipes are displayed in the large box below. To edit select desired recipe and press Edit.

To add a new recipe press Add.

To remove a recipe from the file highlight the recipe and press Remove.

To exit Select a Recipe box press Ok. *Shortcut Alt O.*

Add / Edit Recipe

From this box you can add a recipe to the database or edit a recipe currently in the database.   To enter the recipe name click mouse cursor in name box and type in the name of the recipe. Select number of people this recipe will serve by clicking on the down arrow and selecting desired number. Then designate a main category button and select a sub-category listing, i.e. Entree | Beef. To enter ingredients click on New. Enter quantity *(or click on arrow or use arrow keys*) and Unit *(or click on arrow or use arrow keys)*. Enter Ingredient and Process when cursor is in the appropriate box. *Shortcut: Use tab key to go from box to box.* When done press Enter or select OK to return to Add / Edit Recipe screen. Repeat process for each item.

To edit an ingredient select ingredient and click on the Edit button. *Shortcut: Double click on the ingredient.*

To remove an ingredient select the ingredient and click on Remove.

A maximum of 25 ingredients can be entered in each recipe.

To enter instructions click on the Instructions box and start typing. Screen will automatically scroll to accommodate.

Shopping List

To create a Shopping List incorporating your chosen recipes you must first select Plan | Recipes. The Plan a Meal box comes up. Select your recipes (limit 25) by choosing first the Main category button, sub-category list and highlighting the recipe choice. Press Add and your selected recipe will enter the Selected Recipes for Meal box.
Then select Plan | Shopping List. The list will automatically include all ingredients for the selected meal plan.

> Add--This function allows you to add additional ingredient/shopping items to your list. Type in new item and select OK or press Enter.
> Edit--This function allows you to edit an existing ingredient. Highlight ingredient and press Edit. Type changes and select OK or press enter. *Shortcut: Double click on ingredient to edit.*
> Regenerate--This function clears the shopping list and recreates it based on the selected recipes in the Plan a Meal. With this function you lose any changes made to the shopping list.
> Remove--This function allows you to delete an item from the Shopping List. Highlight the item and select Remove.
> Clear--Clears entire Shopping List. It's used when creating a new Shopping List from scratch.
> Print--Prints Shopping List. The button only needs to be pressed once.

Note: When altering the number of people for a planned meal you must regenerate the shopping list to accurately reflect the quantity of each item.

Plan a Meal

To plan a meal select Plan | Recipes. The Plan a Meal box comes up. Select your recipes (limit 25) by choosing first the main category button, sub-category list and highlighting a recipe choice. Press Add and your selected recipe will enter Selected Recipes for Meal box.
Shortcut: Double click on recipe.

To remove recipe highlight recipe and press Remove.

To View a recipe, selecting the recipe from the upper recipe list and press View. Recipe will reflect the number of servings selected for the recipe or planned meal.

When finished select Ok.

Meals will be based on the number of people selected under the Plan | Number of People option.

To print recipes selected in meal plan select Print | Recipes (from the main screen).

Ordering / Registering

All registered users benefit by having the latest, most up-to-date software.   This includes unlimited recipe entries, new recipes, multiple recipe files, and bug fixes.

The current registration fee of $25 (CA add sales tax) entitles the registered owner to two updates.

Your support (in the form of registering) and suggestions are the only way to improve this program.

Please send your name, address, disk preference (Add one dollar for 3 1/2's), Windows version number, where you obtained the shareware, and $25.00 (CA add sales tax) to:

     Daniel B. Ruskin
     P.O. Box 1281
     Poway, CA 92074

     Compuserve ID: 71161,353

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About Komputer Kitchen©1992

Komputer Kitchen is a Windows computer-based recipe manager. You can input new recipes, edit existing recipes, calculate servings, create a shopping list and plan a menu. This version comes with 25 recipes and allows the user to input 25 more for a total of 50 recipes.

To Start

To choose a recipe select Plan on the Menu Bar. Select Number to determine number of servings for the meal. Hit OK which will return you to the main screen. Select Plan | Recipes. In the appearing Plan a Meal box choose your main category button and then sub-category list, i.e. Entrees | Beef. Then from the list below choose desired recipe and press Add to add to current meal plan. Continue choosing recipes until desired meal plan is complete. Press OK to return to main screen. To print recipes select Print | Recipes. To print out a shopping list select Plan | Shopping List | Print.

Opening/Closing Recipes

The file containing all the recipes is automatically opened when program is started. All additions and changes are saved automatically when program is exited. Be sure to update the database manually using File | Update after editing several recipes to conserve disk space.

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